

Roadmap

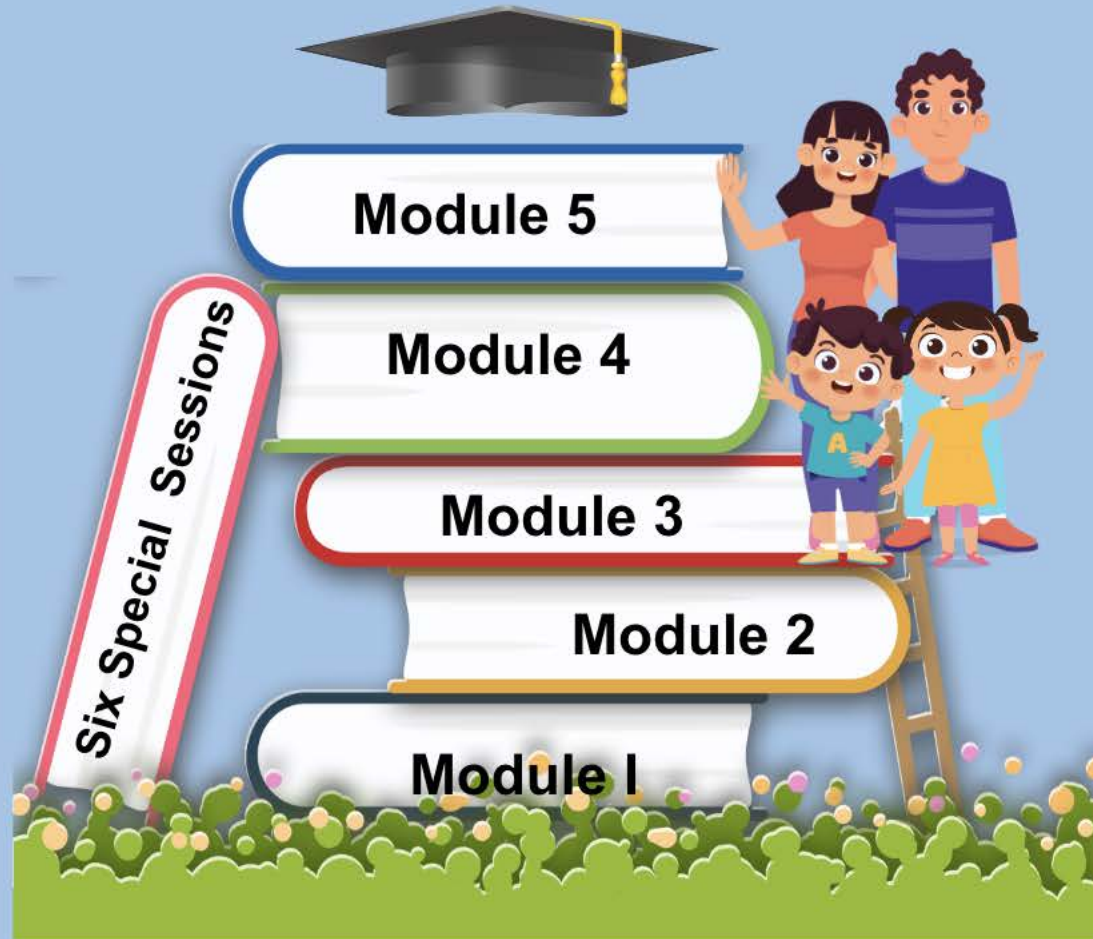
Sample monthly topics for 2nd-3rd grades

Social Skills

- Empathy
- Conflict Resolution
- Collaboration
- Friendship

Emotional Skills

- Understanding Feelings
- Anxiety Management
- Anger Management
- Managing Disappointment



Sample monthly topics for 2nd-3rd grades

Daily Life Skills

- Recognizing Strengths & Needs
- Building Self-Esteem
- Communication
- Assertiveness

Learning Skills

- Growth Mindset
- Integrity
- Set Goals & Plans
- Time Management

We have curriculums for three age groups:
K to 1st Grade, 2nd to 3rd Grade, and 4th to 6th Grade. Each Module is consisted of 3 monthly topics.