

Topic Selections

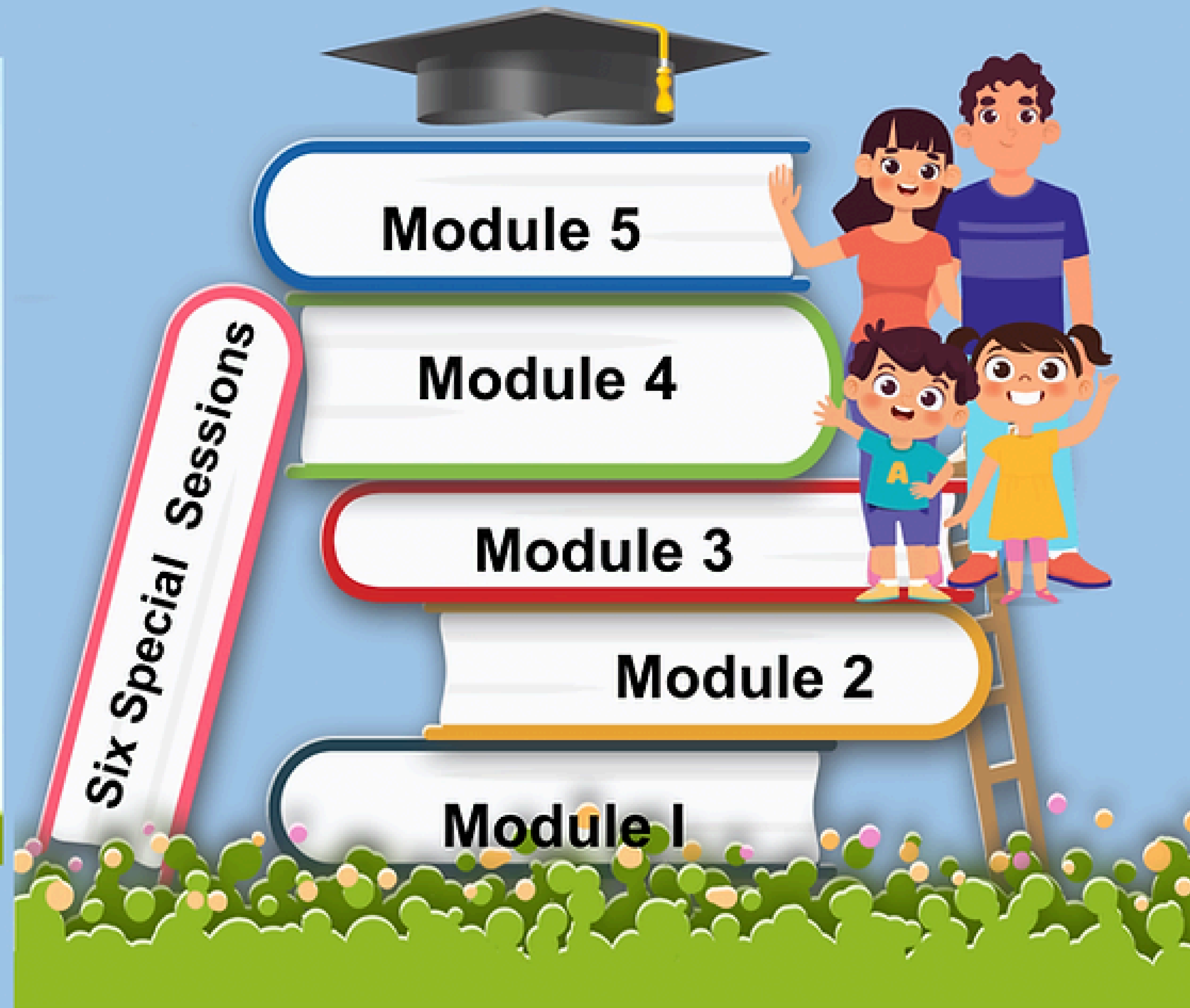
Sample monthly topics for 2nd-3rd grades

Social Skills

Empathy
Conflict Resolution
Cooperation
Friendship

Emotional Skills

Understanding Feelings
Anxiety Management
Anger Management
Managing Disappointment



Sample monthly topics for 2nd-3rd grades

Daily Life Skills

Recognizing Strengths & Needs
Building Self-Esteem
Communication
Setting Priority

Learning Skills

Growth Mindset
Assertiveness
Set Goals & Plans
Time Management

We have curriculums for three age groups:
PreK to 1st Grade, 2nd to 3rd Grade, and 4th to 5th Grade. Each Module is consisted of 3 monthly topics.